Academic Success and The Career Journey
The Office of Academic Advising
125 Reynolda Hall
336-758-3320
undergraduateadvising@wfu.edu
advising.wfu.edu

The Office of Personal and Career Development
230 Reynolda Hall
336-758-5902
careers@wfu.edu
opcd.wfu.edu
Office of Academic Advising

The Office of Academic Advising
125 Reynolda Hall
336-758-3320
undergraduateadvising@wfu.edu
advising.wfu.edu
Office of Academic Advising: What We Do

- Serve as back up to faculty/staff adviser for advising & course planning
- Help students who experience extenuating circumstances (medical, family emergencies)
  - Consider tuition insurance (purchase before first day of class);
    http://finance.wfu.edu/sfs/tuition-insurance
Office of Academic Advising: What We Do

- Guide students who request exceptions to rules (credit overloads, late adds & drops) or have complaints
  - **NOTE:** Last day to drop a course is October 4
- Reach out to students for whom we receive academic alerts
Office of Academic Advising: What We Do

- Midterm & end of term low-grade reach-out
- Handle withdrawals and readmissions
- Help students who don’t know where else to go
Top Ten Tips For Academic Success

1. Keep Calm and Attend Class
Top Ten Tips For Academic Success

2. Get to Know Professors
Top Ten Tips For Academic Success

3. Communicate
4. Respond when others reach out
5. Space out studying (i.e., don’t cram)
6. Explore intellectually, and follow their interests & passions

“Develop a passion for learning. If you do, you will never cease to grow.”

- Anthony J. D’Angelo
Top Ten Tips For Academic Success

7. Take initiative & responsibility
Top Ten Tips For Academic Success

8. Expect good things... but prepare for challenges
Top Ten Tips For Academic Success

9. Learn from disappointment or failure

it’s only a mistake if you don’t learn from it
10. Get involved...but not over-involved
Top Ten Ways Parents Can Help

1. Encourage behaviors on the top ten list
2. Allow your student to follow his/her interests & passions ... even if they are not yours
Top Ten Ways Parents Can Help

3. Normalize the ups & downs of life, and of transition
4. Don’t expect academic perfection
5. Let student take the lead in solving problems & making decisions
6. Provide support, guidance
Top Ten Ways Parents Can Help

7. Listen
8. Once you’ve listened, share your values, advice, wisdom.

"Knowledge comes from learning. Wisdom comes from living."

Anthony Douglas Williams
9. Encourage healthy (and legal) means of having fun & de-stressing
Top Ten Ways Parents Can Help

10. Model the behaviors you want to see
FYE 101. The College Transition

- **FYE 101. (1h) The College Transition.** Exploration of issues related to academic success, living in community, and wellbeing in the transition to college. Emphasizes principles, understanding, and skills to promote a successful college transition. *First-year students only.* *Pass/Fail only.*

- **dialogue skills, self-awareness, cultural competence, mindfulness, motivation, resilience, curiosity**
Parent Communication with WFU

• FERPA
• Proxy Access
  • http://registrar.wfu.edu/academicrecords/proxyaccess/
When to Contact Us in OAA

• You are concerned about your student’s wellbeing
• There is a significant illness or family emergency that will adversely affect class attendance or concentration
• You want guidance on how to advise your student in a particular situation
• buchanan@wfu.edu
• 336-758-3320 – during business hours
• 336-391-5996 – if concerned outside of business hours
• 336-758-5911 – in an emergency