Winter Holiday Cookie Party - December 2nd!
The Winter Holiday Cookie Party returns to the Fresh Food Company on December 2nd! Take a break from the hustle and bustle of finals to decorate your own batch of festive cookies! Bring your friends for dinner, music, and much more!

Relaxation Station: Take a Moment For Yourself
The end of the semester is just around the corner. The Fresh Food Company can be your calm in the storm. Yogurt, fruits, assorted teas, dark chocolate and cheese will be featured at the Relaxation Station for lunch and dinner on Dec. 3rd, 5th, 10th, and 11th.

24 Hours of the Fresh Food Co. & Starbucks!
We’re burning the midnight oil! Starting December 6th at midnight until the 14th, the doors of the Fresh Food Company and the Starbucks located at Z. Smith Reynolds Library will remain open for those using the space to study and prepare for finals. Best of luck!

Coping with Stress
Feeling stressed out? Visit Kate Ruley, the Wake Forest Dining Registered Dietitian, and the Student Health Council at the “Coping with Stress” tabling held on December 5th from 6pm to 8pm at the Fresh Food Company. They will be available for counseling, handing out stress balls, and more!

Winter Recess Hours of Operation
Winter Recess of Operation will be available at the dining homepage at www.wakeforest.campusdish.com. Stay tuned!

Upcoming Events:
Relaxation Station at the FFCo.
12.03.13, 12.05.13, 12.10.13, 12.11.13
Coping with Stress Tabling at the FFCo.
Dinner on 12.05.13
Winter Holiday Cookie Party at the FFCo.
Dinner on 12.02.13
24 Hours of Operation at the FFCo. & Starbucks
From 12.06.13 through 12.14.13