

DECEMBER

DINING UPDATE

| Relaxation Station: Dec. 4th, 6th, 11th & 13th

Final exams are quickly approaching. Stop by the Fresh Food Company for your calm in the storm. Smoothies powered by Greek yogurt and fruit, assorted teas, dark chocolate and cheese will be featured at the Relaxation Station for lunch and dinner.

Wellness Day also falls on December the 6th! In addition to the Relaxation Station, we will feature dark chocolate fondue with strawberries, large marshmallows, angel food cake and Rice Krispy treats.

| October 24th: Campus Sustainability Day

Thank you to all those who participated in ARAMARK's Campus Sustainability Day on October 24th. Our 10th Annual Campus Sustainability Day was held to highlight a shared challenge and help raise the bar for sustainability leadership in higher education as we take the next steps forward together. As a landmark event, it showcased what has been accomplished and what is needed to maintain momentum.

That day, we engaged students, staff and faculty in the Fresh Food Company and employed social media to find out how Wake Forest defines sustainable dining. The emphasis will continue into the Spring as we bring together new groups and allies on campus, highlight student stories, connect diverse planning efforts and reach out to external partners who can help us move toward success. Thanks to your input and photos, we will soon feature reusable bags as part of our sustainable promotions.

| 24 Hours of the Pit

We're burning the midnight oil! From December 4th through the 13th, the doors of the Fresh Food Company will remain open for those using the space to study and prepare for finals. Best of luck!

| Winter Recess Hours of Operation

Our Winter Recess Hours of Operation are now on our homepage at WWW.WAKEFOREST.CAMPUSDISH.COM

| A Helping Hand

Millions of Americans and their families struggle with hunger. Winston-Salem leads the nationwide list with 34.8% in food hardship. This Fall semester, approximately 1.7 tons of food have been served in our partnership with Campus Kitchen at Wake Forest. However, as the year comes to a close, there is much goodwill left to be done. Please visit WWW.CKWFU.ORG to lend our city a helping hand.